

The Belt of Truth **Eph. 6:14a**

What a Roman soldier's belt was all about:

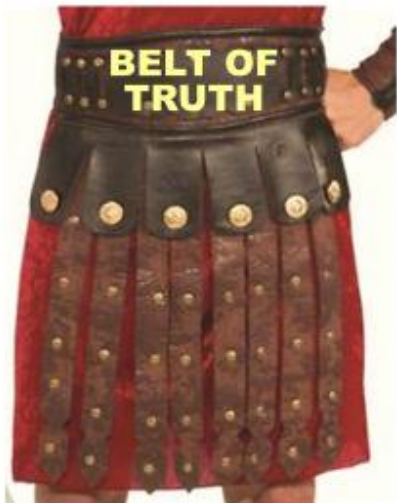
- ◆ Belt = first item of protective gear for a Roman soldier.
- ◆ Belt = held tunic tight, supportive of armor, and protective
- ◆ Belt = *girding up your loins*, II Kgs. 1:8, I Kgs. 18:46, Lk. 12:36

Why we need the belt of truth:

- ◆ Our adversary is all about lies, misinformation, propaganda, Jn. 8:44, Rom. 1:18,25, II Cor. 4:4. Consider evil regimes that maintain control by broadcasting lies, much like the devil.
- ◆ Our God, meanwhile, is all about truth, integrity, and honesty, Jn. 4:24, 8:32, 14:6, 15:26, 17:17, Eph. 1:13, 4:20ff.

How we put on the belt of truth:

- ◆ Once we embrace the truth (put faith in Christ) we are to put on this belt of truth. Truth is found in the Bible, Jn. 17:17, and the church is meant to be the pillar of truth, I Tim. 3:15
- ◆ For this belt to truly protect us, we must embrace truth, integrity, and honesty so that we are seen as truthful, Eph. 4:14,15, 25. If we don't have integrity, we give the devil a place to attack us.



***Stand firm therefore,
having girded your
loins with truth . . .***