

## The Breastplate of Righteousness

### Eph. 6:14b

#### **What a Roman soldier's breastplate was all about:**

- We are told to *put on the full armor of God*; however, note that even though it's God's armor, we are to dress ourselves.
- The breastplate (*thorax*) was layered iron plates (20lbs.) meant to protect one's vital organs.

#### **Why we need the breastplate of righteousness:**

- What is the obvious assumption behind wearing a breastplate?
  
- Whose righteousness does the breastplate refer to? Is this about being made righteous in Christ or becoming like Christ?

See Eph. 4:22-24, 5:7-10 for *righteousness* in this book.  
Similarly—Rom. 13:12,13, I Tim. 6:11,12, Prov. 11:4-6, 12:13, 13:6, Job 29:14, I Thess. 5:8 (here a *b. of faith / love*)

#### **How we put on the breastplate of righteousness:**

- To put this on, go back to 4:1ff. for how to be righteous, but especially 4:23,24, 5:1,2,8. These are pretty much all talking about doing the same thing.
- Putting on this breastplate recalls what the Messiah does in Isa. 59:14-17. Like Messiah, we need this breastplate on!



STAND FIRM THEREFORE . . .  
HAVING PUT ON THE BREASTPLATE  
OF RIGHTEOUSNESS

Breastplate of  
Righteousness  
Ephesians 6.14