

The Helmet of Salvation

Eph. 6:17a

What a Roman soldier's helmet was all about:

- ◆ Like all helmets, the idea is to protect against head trauma.
- ◆ Paul would have been thinking of Roman helmets, which were made of bronze and/or iron with large hinged cheek guards.

Why we need this helmet of salvation:

- ◆ Christians are indeed targeted by the devil, 6:11,16, I Pt. 5:8,9.
- ◆ Jesus (*Messiah* in Isa. 59:14-17) is pictured as a warrior who is to bring justice, righteousness and salvation to His people; and since we're now on His side, we need to be dressed for "battle."
Idea = clothing represents character, 4:24, Job. 29:14, I Pt. 5:5.

How we put on the helmet of salvation:

- ◆ Some focus on defending our minds because this is a helmet, but this armor is not really regionally focused (cf. *b. or righteousness* in Isa. 59:17 versus the *b. of faith and love* in I Thess. 5:8). And if such was the concern, perhaps a *helmet of truth* would have been even more appropriate.
- ◆ Taking up this helmet to put on our heads ≠ initial faith in Christ or even recalling our salvation; rather = our future hope of salvation (glorification), see I Thess. 5:8,9, Rom. 13:11,12.
- ◆ This idea is similar to I Pt. 1:13, Titus 2:13, Heb. 11:13-16,26.
- ◆ Question: Got your helmet on?



HELMET OF SALVATION

*And take the helmet
of salvation . . .*